

SHAPE

mind and body fitness for women



ERIC HUANG

The pointe is . . .

“Dancers are the athletes of God,” Albert Einstein is said to have observed. And now they might just have a shoe to meet the task. The new Gaynor Minden pointe shoe is winning celestial reviews for its high-tech construction and shock-absorbing cushioned lining. For the long-suffering ballerina who’s assured bunions and blisters due to poor shoe construction, they’re a welcome change. Raved one dancer, “They don’t look like tennis shoes, but they’re just as comfy as my Reeboks.” The price: about \$70. Call (800) 637-9240; in Canada, (212) 929-0087.

—*Noriko Beadles*